



NEW JERSEY DEPARTMENT OF MILITARY AND VETERANS AFFAIRS  
JOINT FORCE HEADQUARTERS  
3650 SAYLORS POND ROAD  
FORT DIX, NEW JERSEY 08640-5606

ARMY BULLETIN NO. 36

1 October 2004

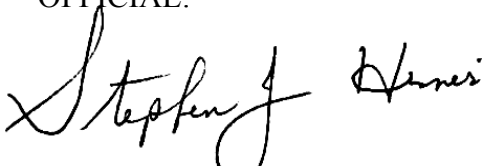
AGR PROCEDURES FOR ADMINISTERING THE APFT

1. Army Bulletin No. 11, SAB, dated 6 Feb 04 is rescinded.
2. References:
  - a. AR 135-18, The Active Guard Reserve (AGR) Program
  - b. AR 350-1, Section V, Army Training Programs
  - c. AR 600-8-2, Suspension of Favorable Personnel Actions (Flags)
  - d. NGR (AR) 600-5, The Active Guard/Reserve Program
  - e. Army Bulletin #11, AGR Procedures for Administering Failure of the APFT, dated 6 February 2004, is rescinded.
3. The procedures prescribed within this policy will be adhered to when administering the APFT for AGR soldiers. AR 350-1, Section V, para 1-21d(2) states *The Active Army, Active Guard/Reserve (AGR), and USAR Troop Program (TPU) soldiers will take the APFT at least twice each calendar year....* Therefore, all AGR soldiers are required to take the APFT twice per year on the day The Adjutant General schedules the AGR APFT. All AGR soldiers are required to take this APFT for record and this APFT only. The Chief of Staff, NJARNG is the only person who can excuse a soldier from a record APFT or schedule a make-up APFT.
4. *AGR soldiers who fail a record APFT for the first time or fail to take the APFT within the required period will be flagged according to AR 600-8-2(AR 350-1, Section V, para 1-21(5)).* This is a command responsibility. **The DA Form 268 (flagging action) will be forwarded to The Adjutant General, ATTN: AC of S, J-1 (AGR Branch NCOIC), NLT 30 days after the date of the APFT failure.** *Special conditioning programs are appropriate for soldiers who have difficulty meeting unit goals or Army standards. Such programs will not be punitive in nature... (AR 350-1, para 4-9 (4))...Master fitness trainers will be tasked by the commander to develop special programs and monitor soldiers with special fitness requirements....* Commanders and their full time support supervisors will ensure soldiers who fail the record APFT are flagged, counseled and receive assistance resulting in a special (remedial) PT program from a qualified Master Fitness Trainer. This counseling should be accomplished as soon as possible after failing the APFT.
5. *Soldiers without medical profiles who repeatedly fail the APFT, will be either barred from re-enlistment or processed for separation from the service...A repetitive failure occurs when a record test is taken and failed, the soldier is provided adequate time and assistance to improve his or her performance, and failure occurs again...(AR 350-1, para 4-9c(2)).* Therefore, at a minimum, AGR soldiers who fail two consecutive APFTs will be processed for release from active duty (REFRAD) IAW NGR (AR) 600-5, para 6-5(c)(6). **Recommendation for REFRAD will be forwarded, through command channels, to The Adjutant General, ATTN: ACofS, J-1 not later than 45 days after the date of the second consecutive APFT failure.**

6. Commanders and/or their full time support supervisors will consult the TAG's Legal Advisor in all cases of soldiers who are required to be processed for REFRAD or separation from the service.

7. Point of contact is CW4 Randy Niedt at commercial (609) 562-0882.

OFFICIAL:

A handwritten signature in black ink, appearing to read "Stephen J. Hines". The signature is written in a cursive, flowing style.

STEPHEN J. HINES  
COL, GS, NJARNG  
Chief of Staff

GLENN K. RIETH  
Major General, NJARNG  
The Adjutant General

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